



“Now is the time of Saint Joseph!”

Men of Most Blessed Saint Joseph’s Ministry

Our Mission Statement

To emulate Most Blessed Saint Joseph our Spiritual Father’s strengths, virtues, and works and by renewing and sustaining the faith of men who are committed to living a life of integrity, honesty and evangelism. Acting as witnesses to Jesus Christ in our daily life, work, social, church, and family settings. Becoming better husbands, fathers, grandfathers, sons, and brothers by means of community and faith based activities which enrich our Catholic Faith and commitment to our Church, its leaders, and our fellow church members.

We will succeed in this mission by following the basic beliefs and values of the Men of Most Blessed Saint Joseph’s Ministry:

Basic Beliefs and Values

- We believe in God who is our loving Father and Creator.
- We believe that God sent us His own beloved Son, Jesus Christ, who suffered, died, and rose from the dead, to save us and offer us the gift of eternal life.
- We profess faith in the Divinity of Jesus Christ, the Son of God. Jesus is our Lord and Savior, our Shepherd and King.
- We believe in the Holy Spirit and in the Sanctifier's powerful presence in the Church today as He fulfills the will of our Lord.
- We strive to follow Jesus' teachings in our lives: to love God above all else and to love others, to practice forgiveness and mercy, to care for the poor and helpless.
- We work for peace and justice in our world. We bring God's kingdom of peace, unity, and love to a world faced with conflict, division, and strife.
- We worship and praise God by living a sacramental life.
- We recognize the importance of prayer and take time to develop an active prayer life.
- We recognize the importance of reading and praying the Sacred Scriptures. The Bible is God's Word and we strive to learn and understand the Word of God by applying the Sacred Scriptures to our lives today.
- We acknowledge the primacy of the Pope and respect the office of the papacy as the true teaching authority of the Church. We seek guidance for moral decisions from the pope and the bishops in communion with him. We stand together to protect the Church as Saint Joseph, is the Protector of the Universal Church.
- We recognize the importance of service to others. Believing that Jesus came to serve and not to be served, we strive to follow the examples

of Jesus and spread His message of love. We try our best to live lives centered on the Holy Gospel and to live for others, rather than just for ourselves.

- We preach the Gospel of Jesus Christ, both in word and in action. We are willing to stand up to opposition and preach Gospel values in a world whose values are often contrary to the message of Jesus. We are willing to endure suffering and rejection, as did Jesus, for the sake of the Gospel and to speak up for what we believe to be right, just, and true.
 - We are devoted to Mary, the Mother of God, as the Perfect Disciple who guides us to her Son.
 - We consecrate ourselves to the Most Blessed Saint Joseph our Spiritual Father as our Guardian, Protector, and Teacher.
 - We strive to emulate Saint Joseph, **the Head of the Holy Family**, in our daily life, work, social, church, and family settings.
 - We look upon the Angels and Saints to intercede for us.
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- We are committed to the protection of all of life, in all stages. We pray for the protection of all of human life, from the moment of conception until natural death. We also work to strive to respect the dignity of every human being and to eliminate prejudice, oppression, poverty, violence, and injustices.
 - We are a community of believers united with Catholics from around the world.
 - We entrust ourselves to the Sacred Heart of Jesus, the Immaculate Heart of Mary, and the Chaste Heart of Most Blessed Saint Joseph.

The strategy that will help the Men of Most Blessed Saint Joseph's Ministry in following the basic beliefs and values are:

Ministry Strategy

Grow in relationship with God through:

- **Study of the Bible:** Become more aware of and knowledgeable of the Word of God.
- **Sacramental Life:** We are united through the Holy Eucharist at Divine Worship and open ourselves to our Lord to be nurtured by His Most Precious Body and Blood. We undergo spiritual healing through the Sacraments of Reconciliation and Anointing of the Sick.
- **Personal Readings:** Read other words of Christian life especially the Church Fathers and Saints and share those with the group.
- **Honor and Support for Parish and Clergy:** give of your time to support Catholic parishes by volunteering to become active members of the ministries that are available in the Parish. Pray for our Holy Father, Bishops, Priests, Deacons, and Religious. We especially remember in our prayers our Pastor and parish priests.
- **Fellowship:** to interact with one another as friends and fellow followers or believers. To support and lift one another up by sharing the good things that God is doing. To encourage one another.
- **Disciple:** Be someone who believes in the teachings of Jesus Christ and be willing and able to spread His teachings. Follow the precepts of the Catholic Church.
- **Community Service:** to make a positive difference to the communities that you are part of: family; church; community, etc.
- **Prayer and Quiet Time:** Join the group members in prayer and meditation.

- **Honoring and Supporting Family:** Provide for your family and engage them in the group's family activities that will be available. Pass on the Word of Jesus that is spoken at the meetings to your families.
- **Catholic Conferences:** Attend conferences/retreats to further understanding of the Christian way of life.
- **Group Activities:** Attend and assist in organizing activities that will further the Men of Saint Joseph's outreach.

Following these basic beliefs and values and the strategies will achieve the ultimate goals of the Men of Most Blessed Saint Joseph being:

Ministry Goals

The goals of the Men of Saint Joseph are...

- A. To walk with God and grow in our Christian life.
- B. To support your parish by actions and activity.
- C. To follow the precepts of the Catholic Church.
- D. To grow in Faith, Hope, and Charity.
 - 1. You shall attend Holy Mass on Sundays and holy days of obligation and rest from servile labor.** Go to church. It's that easy! Also **to remember to keep Sundays as a day of rest to reconnect with God and your family.**
 - 2. You shall confess your sins at least once a year.** Receiving communion should be done while the person is in a state of grace, therefore going to confession and repairing your relationship with God at least once per year gives you a decent chance of receiving Jesus' body and blood, the Eucharist, which is the source and summit of our faith.
 - 3. You shall receive the sacrament of the Holy Eucharist at least once during the Easter season.** With Easter being the high point of the Catholic liturgical year, receiving the Holy Eucharist on the day that we commemorate Jesus' Resurrection is pretty important. Without the Resurrection of Jesus, our entire faith would be meaningless.

4. You shall observe the days of fasting and abstinence established by the Church. This is designed to help you grow in holiness by developing mastery over your instincts and establishing a true freedom of heart. Fasting and abstinence allow us to detach from material things (even such as food) which will help us grow in love of God by forcing us to make room for God.

5. You shall help to provide for the needs of the Church. Give freely and generously to your parish to support at least its basic mission which is to gather Christ's disciples for worship and send them out into the world to proclaim the Good News.

D. To follow the values of:

1. Respect: Treat people with the respect and love

- Colossians 3:12-17 - Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

2. Commitment: Commit to the Word of Jesus and show this through daily acts

- Romans 12:1-2 - Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by

the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

3. Duty – Fulfill your obligations as being part of your Parish Community

- Acts 20:28 - Pay careful attention to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God, which He obtained with His own Blood.